

## October

## **NOTABLE DATES**

- **1st** International Day of Older Persons World Vegetarian Day
- 5th World Teachers Day
- 9th Navaratri begins (Hindu) Ada Lovelace Day
- 10th World Mental Health Day
- 16th World Food Day
- 18th Anti-Slavery Day Navaratri ends (Hindu)
- **19th** Dusshera / Dasara (Hindu)
- **20th** Birth of the Báb (Bahá'i) Birth of the Guru Granth (Hindu)
- 24th United Nations Day
- 29th World Stoke Day
- **31st** All Hallows Eve (Christian) Samhain (Pagan)



History, Politics and Sociology students were the focus of a conference held at English Bridge Campus, where they heard from ex-footballer <u>Brendon Baston OBE</u> - one of the 'three degrees' of football with Cyrille Regis and Laurie Cunningham - Racism in football still being an issue [article: <u>Kick it Out</u>].

SHREWSBURY COLLEGES GROUP

Also taking part was staff member Claire Tabberer who previously worked with the charity <u>Refugee Action</u>. She spoke about why people flee their homes and some of the difficulties that they face - challenging students to think about who the individuals 'are' rather than their 'refugee' badge and in particular about the unaccompanied asylum seeker children that she has worked with and her work at college with the growing number of students who are asylum seekers.

Finally the hall rang with the music and laughter of circus performer and musician <u>Emmanuel Okine</u> as he dazzled the students with his circus and drumming skills and got them involved in performing themselves.

## Young Minds

Mental health and well-being is quoted as being chief amongst student concerns nationally and this is reflected in both Student's Union discussions and the college pastoral team's focus.



It is a growing challenge for all staff to support students and in support of Young <u>Minds</u>, a child and adolescent mental health charity, staff and students were encouraged to wear yellow for

the #HelloYellow day on 10th October. The obligatory cake sales were held and £166.98 was raised.

## Wear it Pink

Yellow was followed by Pink on 19th October as students and staff supported the #wearitpink campaign from BreastCancerNow, the UK's largest breast cancer charity. You could get cake (of course), pink slushes, guess the number of



sweets, have pink hair all to raise money for this very worthwhile charity and another cross campus charity success.

£237.42 was raised in total.

This months charitable & health focus: Breast Cancer Awareness Month | Black History Month | Down Syndrome Awareness Month | Stoptober (stop smoking) | National Cholesterol Awareness Month

