



UNDERGRADUATE PROGRAMME SPECIFICATION

Programme Title:	FdSc Sports Coaching and Physical Education
Awarding Body:	Staffordshire University
Teaching Institution:	Shrewsbury College, Stafford College and Riverside College
Final Awards:	FdSc Sports Coaching and Physical Education
Intermediate Awards:	Cert HE in Sports Coaching and Physical Education
Mode of Study	Full Time
UCAS Code:	C640
QAA Subject Benchmarks:	Hospitality, Leisure, Sport and Tourism
JACS Code:	C600
Professional/Statutory Body:	None
Entry Year:	2017/18

If you require this document in a larger text or a different media please contact us.

EDUCATIONAL AIMS OF THE PROGRAMME

This award aims to enable you to become an employee within the industry while at the same time allowing you to progress onto the top up award at the University should you choose to do so. As such, the aims of the award align with the aims of the BSc (Hons) PE and Youth Sports Coaching, which is your designated top up award and also align with industry standards for qualifications at this level which are set by the Quality Assurance Agency for Higher Education (QAAHE) benchmark statements for Hospitality, Leisure, Sport and Tourism.

Aims include:

- develop your knowledge and skills within sports coaching and physical education to produce outstanding graduates with a foundation for future learning, employment and personal development
- provide a flexible and varied environment for learning within a stimulating and supportive environment
- employ a range of assessment methods to reflect a range of sports teaching and coaching skills essential to the modern workforce
- ensure the course is contemporary and relevant to sports teaching and coaching
- develop skills that allow you to research and explore issues within physical education and coaching
- develop an understanding of a range of key areas within PE and Sports Coaching including the PE curriculum, social issues and economic and political theory to explain its development.
- recognise and respond to safety, ethical and legal issues relating to physical education and coaching, study and work-based learning, including relevant legislation and professional codes of conduct
- produce graduates with knowledge and skills that equip you to play leading roles in physical education and coaching and related fields.

What is distinctive about this programme?

The Foundation Degree in Sports Coaching and Physical Education is distinctive in its focus upon the applied aspects of teaching and coaching with 50% of level 4 being of an applied nature covering a wide range of sport and physical education activities, in preparation for placement at level 5. This approach reflects the Department of Education's move towards an applied approach to teacher training (DfE, 2016) and the call from the Quality Assurance Agency for more applied work based learning in Higher Education generally, and specifically within Foundation Degrees. (QAA, 2008; QAA 2010).

The programme design has been informed by local employers, regional agencies and National Governing Bodies of Sport and aligned with QAAHE benchmark statements for the industry sector. Schools in particular emphasise the value of you experiencing the practical elements of the National Curriculum prior to attending placement opportunities. These organisations provided valuable curriculum and delivery consultation to ensure the award incorporates the knowledge, skills and learning opportunities essential for graduates who wish to become competent and confident professional sports teachers, lecturers and coaches. Local and regional

employers were consulted at each stage of the original programme design. These include Sport Across Staffordshire, County Sport Partnership and Partner Schools and Colleges.

The college maintains employer feedback regarding curriculum and delivery from sport organisations within the region, and considers changes within professional bodies and national governing bodies of sport. The college is also heavily involved in elements of PGCE and teacher qualifications, continually informing and updating the teaching and learning process on the Foundation Degree. Many of these organisations offer additional support to the Foundation Degree through the provision of work based learning opportunities within their organisations. Sports teaching and coaching is increasingly significant to the individual, social and economic wellbeing of the UK. The Foundation Degree has been designed to meet the demands and expectations of the wider physical education curriculum and provide the experience and knowledge required within a range of coaching governing bodies.

The degree is specifically designed to enable easy progression onto level six of the Honours Degree in PE and Youth Sport Coaching delivered at Staffordshire University through providing the core knowledge and skills gained by level four and five students on the honours route. This has been attained through the use of existing validated level 4 and 5 modules (largely with a vocational focus) drawn from the progression award. Dissertation and placement support is provided towards the end of level five of the award in preparation for study at level six should you choose to progress.

The Staffordshire Graduate

The Staffordshire Graduate represents a set of qualities that the University passionately believes is necessary for success in the 21st century. The Staffordshire Graduate is a reflective and critical learner with a global perspective, prepared to contribute in the world of work.

Each module handbook identifies how and where the 12 Staffordshire Graduate (SG) attributes are embedded within the learning outcomes and assessed.

Whilst Sport and Exercise continue to ensure that the delivery at the colleges is informed by current research (Module Moderation Reports) and delivered by scholarly staff (Quality Management) we recognise that the graduates must be ready for employment and in this review have sought to:

- Include outcomes, content, and assessment which reflect the aims of the Staffordshire Graduate Employability Champion programme.
- Make changes to content and assessment to achieve all elements of the Staffordshire Graduate attributes
- To make core and compulsory for all students at Levels 4, 5 portfolio assessment which includes the development of a comprehensive and reflective PDP
- Enhance the placement element of the award.

You will also be engaged in external activities (including part-time work, community sport and school based volunteering,) which you reflect on at each level using a

portfolio to identify the Staffordshire Graduate skills you have learnt and still need to develop. The proposed core Staffordshire Graduate modules titles are:

Level 4 SPOR40906 Developing Research Skills in Sport and Exercise

Level 4 SPOR40904 Academic and Employability Skills in Sport and Exercise

Level 5 SPOR50723 Research and Graduate Employability in Sport and Exercise

These core strands of modules which teach and assess study, research and employability-related skills lie at the heart of the award. Key aspects of these core skills are also embedded in award specific modules to ensure that relevant skills to the award are reinforced and contextualised at the point of use and in a more applied manner.

PROGRAMME OUTCOMES

The programme outcomes are demonstrated through the successful completion of module assessments on which the outcomes are mapped. At the end of your studies you should be able to:

Level 4

Knowledge and Understanding Demonstrate knowledge of the underlying concepts and principles in the study and practice of Sport Coaching and Physical Education.
Learning Develop lines of argument and make sound judgements in accordance with basic theories and concepts within Sport Coaching and Physical Education
Enquiry Present, evaluate and interpret qualitative and quantitative data showing an awareness of the key principles of Information Literacy within Sport Coaching and Physical Education
Analysis Evaluate and interpret Sport Coaching and Physical Education concepts and principles.
Problem Solving Evaluate the appropriateness of different approaches to solving problems within the field of Sport Coaching and Physical Education.
Communication Communicate the results of study/work accurately, reliably, and with structured and coherent arguments within the field of Sport Coaching and Physical Education.
Application Undertake further training and develop new skills within a structured and managed Sport Coaching and Physical Education environment.
Reflection Demonstrate qualities and transferable skills necessary for employment within the field of Sport Coaching and Physical Education and/or further study requiring the exercise of some personal responsibility.

Level 5

Knowledge & Understanding Demonstrate knowledge and critical understanding of well-established and contemporary concepts and principles associated with the relevant disciplines of sports coaching and physical education.
Learning Demonstrate an understanding of sport coaching and physical education in both practical and theoretical contexts and how this influences analysis and interpretation based on that knowledge.
Enquiry Demonstrate an ability to use and interpret recognised methods of enquiry in the study of sports coaching and physical education.
Analysis Interpret and evaluate how theories and data from key disciplines can be used to contribute to the analysis of sport coaching and physical education.
Problem Solving Identify a range of solutions to a problem and evaluate the appropriateness of different approaches to solving problems within sports coaching and physical education.
Communication Communicate effectively, (in a variety of formats, information within a teaching and coaching context and arguments using a variety of recognised sources.
Application Demonstrate how underlying concepts and principles from the key disciplines can be applied to sports coaching and physical education.
Reflection Demonstrate the ability to reflect upon and learn, through adoption of the learning process, in the context of academic and vocational practice associated with sports coaching and physical education.

PROGRAMME STRUCTURE, MODULES AND CREDITS

Programme Title:

FdSc Sports Coaching and Physical Education 2 Year Full-Time Mode

L E V E L 4	Semester 1	SPOR40906 Developing Research Skills in Sport and Exercise (15 credits)	SPOR40904 Academic and Employability Skills in Sport and Exercise (15 credits)	SPOR40919 Sports Science for Coaches and Teachers (15 credits)	SPOR40914 Coaching and Teaching in Sport (15 credits)	SPOR40797 Teaching & Coaching PE National Curriculum Activities (30 credits)
	Semester 2			SPOR40918 Fundamentals of the Psychology of Sport & Exercise (15 Credits)	SPOR40911 Coaching and Teaching Invasion Games (15 Credits)	

L E V E L 5	Semester 1	SPOR50723 Research & Graduate Employability in Sport & Exercise	SPOR50914 Coaching, Analysis & Skill Acquisition	SPOR4 Introduction to Sport Psychology	SPOR50799 PE & Youth Sport Theory, Practice & Placement
	Semester 2				(30 credits)

Although the course is a full time course and no part time route exists, students who have commenced the course but then, due to a change in personal circumstances, find it difficult to continue full time may negotiate to study part time.

HOW WILL I BE TAUGHT AND ASSESSED?

Teaching and Learning

Effective methods of Teaching, Learning and Assessment (TLA) are fundamental to the relevance and success of the Foundation Degree in Sports Coaching and Physical Education. The TLA strategies employed by this foundation degree align with the overarching Staffordshire University Faculty of Health TLA Strategy and comply with the Staffordshire University Quality Assurance Handbook for UK Collaborative Provision. This section of the Programme Specification should be read in conjunction with the TLA strategy document which provides additional details regarding assessment loading, marking, second marking and moderation.

A range of learning and teaching strategies are employed to suit the various types of learner, and to meet the needs of the learning outcomes of the modules. Typically, lectures are supported by smaller-group seminars, workshops and practical sessions, which may be led by staff or students. You are also given self-directed learning activities. Where appropriate, your learning is supported by materials, tasks and activities, which may be provided via a virtual learning environment. Emphasis is on an applied approach, where you are able to gain “hands on” experience; in particular, FdSc Sports Coaching and Physical Education students will be required to apply your learning to vocational, work-based experiences. The balance of lecture to tutorial/seminar/practical time is a deliberate effort to allow theoretical and generic knowledge taught in lectures to be given context and meaning in real-world, employment-based scenarios. This is further enhanced through work-based learning, placements, case studies, research data, the individual experience and discovery learning approaches.

The colleges and Staffordshire University place increasing emphasis on developing you as a confident, independent learner. At Level 4, you receive a high level of direction in the identification and solving of problems assigned during tutorial and practical time. At Level 5, you still receive a high level of direction in problem identification but will notice a greater emphasis on student-led problem and solution. This award has been designed to ensure that skills and knowledge gained in core modules can be transferred, applied and developed within other modules, both within and between levels, and also in work-based learning, work-based experiences and formal employment. The Developing Research Skills, Research and Graduate Employability in Sport and Exercise and PE & Youth Sport Theory Practice and Placement module facilitate this application and development through the utilisation of skills needed for higher education at Level 4 and the development of knowledge and relevance to career planning and employment at Level 5. This is intended to ensure that learners have the opportunity to consistently and effectively reflect on, adapt and enhance their learning through the development of learning skills for life.

All modules identify how you will receive formative feedback. This varies across modules but includes individual and group feedback within workshops. In response to National Student Survey concerns (in the University and across the sector) on ‘feedback’, the proposed new curricula have increased the role of structured feedback as a key part of the scheduled curricula. In addition to the increased awareness of feedback and formative assessment delivered by tutors, some core and key modules such as ‘Research and Graduate Employability in Sport and Exercise’, require you to submit draft written work for comment and re-

development. You will also gain an opportunity to give non-assessed presentations and receive feedback from your peers and your tutor.

Work-based Learning

The Foundation Degree is designed to develop the knowledge and skills needed for a successful career in Sport Teaching, Physical Education and Youth Coaching. It is therefore designed to ensure that each module is relevant to a practical, working environment and to incorporate significant vocational experience and research skills at each level. In particular, the Research and Graduate Employability in Sport and Exercise module (Level 5) and the Development of Research Skills module (Level 4) serve this role.

The PE & Youth Sport Theory, Practice and Placement module will further facilitate the application of theory into workplace practice. Work-based learning can be explained as learning for, in and through the workplace. In this award you may already be in work, and this learning can be brought into the award while at the same time helping you to prepare for enhanced roles at a more senior level. For those of you aiming for a future career in sports coaching and physical education, work-based learning in this award will provide a valuable preparation for professional practice.

Some work-based learning takes place through the completion of reflections on career skill development and practical coaching assignments at level 4. At level 5, work-based placement helps to plan and run sports coaching and teaching activities and deliver personalised sessions. While in the workplace and working with professional practitioners within the college, you will also be seeing and doing things yourself or be aware of colleagues undertaking vocational tasks. The learning strategy aims to encourage you to engage in reflective practice. The experiences can also be called upon as exemplars of learning through work in respect of the vocational ideas, knowledge and skills that become transferable and applicable to other work contexts.

The teaching and learning strategy aims to draw upon learning experiences from the various environments in which you are studying and working. In particular, studying whilst working, through study packs, additional research and web-based materials, and through virtual learning environments which allows an approach to teaching and learning that suits a variety of learning styles. The support mechanisms through study guides, materials and tutor contact are designed to be of high quality and tutor –student contact will be frequent and accessible within the college.

Employer Engagement

The award maintains its vocational relevance through close links with local employers who inform the curriculum delivery and development through a variety of means including guest lectures, work placement provision and where appropriate, in the design of assessments to ensure you have appropriate and realistic tasks reflecting the challenges of work environments. The colleges have developed an extensive bank of employer contacts through their experience of delivering similar awards with work based placements. Although the delivery team develop employer links as individuals' depending upon the nature of the module for which they are responsible, it is the overall responsibility of the college based award leader to ensure that communication with employers is maintained and informs the curriculum.

Assessment

A range of assessment methods are used across the two levels to assess the programme and module specific learning outcomes. At each level you are required to complete a variety of context-specific coursework and vocational assignments including essays, oral presentations, portfolio completion, project work, practical coaching observations, events organisation and report writing. Where appropriate, and particularly for work based modules, assessments are designed in consultation with employers to ensure you have appropriate and realistic tasks reflecting the challenges of work environments. There is a particular emphasis on different types of report writing and presentations, as these are commonly used within the vocational environments of sports development and coaching.

The curriculum has been designed to develop and enhance relevant theoretical knowledge and vocational skills appropriate to working in modern sports teaching and coaching fields. The assessments are therefore intended to maximise application theories, principles and concepts to working experience and real world case studies. The two Coaching and Teaching modules, along with the PE and Youth Sport Practice and Placement module, particularly allow for the teaching, development, assessment, reflection and self-improvement of transferable skills.

Foundation degree awards are, in part, based on the principle of widening access to higher education. The Foundation Degree Sports Coaching and Physical Education cohorts therefore represent a significant diversity of learners including those with varied educational backgrounds, mature students and those with previous working experience. Assessment for this award has been approached innovatively and this is reflected in the range of relevant, applied assessment methods at each level. The teaching teams have considerable experience of working with learners who may have a range of differing needs, and each meets regularly and frequently in order to monitor, assess, and plan for a co-ordinated curricular experience and progression.

The FdSc Sports Coaching and Physical Education award is governed by Staffordshire University Academic Regulations for the University Modular Framework:

<http://www.staffs.ac.uk/legal/policies/awardregs/index.jsp>

ADDITIONAL INFORMATION

Entry Requirements (including IELTS score)

Students whose first language is not English require IELTS Score 7 or equivalent

What qualifications would I need to join this programme?

Normally 40-64+ UCAS points depending on college (see addendum), though applicants with extensive relevant experience will be considered.

Applicants must be over 18 years of age and have one or more of the following:

- 3 GCSEs grades A, B and C (C or above in Maths and English)
- BTEC/NVQ level 3 in a Sport and Leisure related area
- A-levels in varied subjects, preferably including PE
- Access to Higher Education Certificate
- Appropriate professional qualifications
- Relevant working experience

Further Information

Applications from mature students with relevant working or voluntary experience and/or non-standard entry qualifications are particularly encouraged to apply.

All Foundation Degree Sports Coaching and Physical Education students are required at the start of level 4 to have completed a DBS check. This must be submitted to the course leader and approved prior to commencing the placement module. Unless otherwise stated, it is the your' responsibility to pay for the DBS check.

Students with adverse DBS entries will be interviewed to establish the extent to which this is likely to impact placement arrangements. You must also reveal the results of the DBS check to your placement host. The host organisation retains the right to refuse to accept or continue to accept you on placement based on DBS check outcomes. As such, students with adverse DBS entries may be restricted in the range of placement opportunities available to you.

The foundation degree award operates a policy of inclusive learning and teaching to ensure that all students have an equal opportunity to fulfil your educational potential. Applicants with disabilities and learning needs are identified and counselled as to the reasonable adjustments that can be made to learning and teaching to ensure that you achieve the award outcomes. The FdSc Sports Coaching and Physical Education conforms to the Staffordshire University guidelines for disability support and admissions.

Equality and Diversity Statement

Staffordshire University operates a policy of inclusive teaching and learning to ensure that all students have an equal opportunity to fulfil your educational potential. Details about how to apply to have your needs assessed can be found at:

<http://www.staffs.ac.uk/study/disabled/support/>

AWARD SPECIFIC INFORMATION

Further information about the award can be found in the relevant Student Handbook and on the University Website. This includes information about learning outcomes at levels below honours, student support, and academic regulations.

References

DfE (2016) Initial teacher training criteria and supporting advice. Recovered from <https://www.gov.uk/government/publications/initial-teacher-training-criteria>

QAA (2008) Subject benchmark statements for hospitality, leisure, sport and tourism. Linney Direct : Mansfield ISBN 978 1 84482 826 5

QAA (2010) Foundation degree qualification benchmark. QAA: Gloucester. ISBN 978 1 84979 111 3

ADDENDUM FOR DELIVERY AT A PARTNER INSTITUTION

This section should record any matters within the programme specification which do not apply to the delivery at the partner. It should also note any differences in delivery, course content, module choice etc.

Name and location of partner	Shrewsbury College
Partnership Context	London Road Campus
Awards to be offered at partner	FD Sports Coaching and Physical education
Aims / Learning Outcomes	See above
Curricula	Full Time – 2 Years
Teaching and Learning	See above
Assessment	See above
Admissions Criteria	<p>Entry Requirements (including IELTS score) Students whose first language is not English require IELTS Score 7 or equivalent What qualifications would I need to join this programme?</p> <p>40-48 UCAS points.</p> <p>Applicants must be over 18 years of age and have one or more of the following:</p> <ul style="list-style-type: none"> • 3 GCSEs grades A, B and C (Maths and English desirable though not essential) • BTEC/NVQ level 3 in a Sport and Leisure related area • A-levels in varied subjects, preferably including PE • Access to Higher Education Certificate • Appropriate professional qualifications • Relevant working experience

<p>Specific Regulations</p>	<p>See college regulations</p> <p>Your Course Team</p> <p>Award leader - <i>Sam Heseltine</i>. Room DM4, Ext 2548, samh@shrewsbury.ac.uk</p> <p><i>Award staff:</i></p> <p><i>Simon Edwards</i>, Ext 2548 simone@shrewsbury.ac.uk</p> <p><i>Peter Carter</i> Ext 2548 peterca@shrewsbury.ac.uk</p> <p>Andy Van Ommeran Ext 2597 andyva@shrewsbury.ac.uk</p> <p>Sarah Gibbons Ext 2548 sarahgi@shrewsbury.ac.uk</p> <p>Simon Wait Ext 2548 Simonw@shrewsbury.ac.uk</p>
<p>Date of completion</p>	<p>July 18</p>