

## Outdoor Pre-Enrolment Task 2

### Vocational Scenario or Context

Following a successful work experience you have started working at a local outdoor activity centre as a trainee instructor. As a trainee instructor you will be appropriately supervised when working at the centre by a lead instructor. The centre needs you to develop your understanding of the sector, the factors that affect your personal development and to undertake personal skills and techniques development so you can undertake the role as an assistant outdoor activity instructor.

The outdoor sector is comprised of thousands of small and medium-sized enterprises, charities and government agencies. It means different things to different people and covers activity in all environments: sky, snow, water, mountain, parks and urban space. Developing personal outdoor learning experiences is all about how you use the activity safely to gain skills and learn more about yourself, peers and connect to the environment.

Your line manager has tasked you and your fellow trainees with a project which includes; investigating the sector in relation to the outdoor centre, exploring the factors that will affect your personal skills development, developing personal skills and techniques in outdoor activities and finally creating a personal development plan for improving your skills and techniques acquisition.

### Task 1

First of all you need to complete the following:

Explain three different types of outdoor activities delivered at your local outdoor activity centre or equivalent. For each activity you need to explain the following:

- Defining the activity and your involvement
- Aims/purpose
- Where they take place
- Type of participants
- Resources required
- Methods of participation
- Different providers of the activities
- Skill required to take place in these activities

To help you with this task you may want to watch these YouTube videos to further understand the skills required in outdoor education: -

Mountain Skills - <https://www.youtube.com/watch?v=icVeLL59dy0>

Navigation Skills - <https://www.youtube.com/watch?v=rocgZFlnOps>

Climbing Skills - <https://www.youtube.com/watch?v=GdvmNTZzYZ4>

Kayaking Skills - <https://www.youtube.com/watch?v=CalmsH4zI5U>

Canoeing Skills - <https://www.youtube.com/watch?v=dVUNzKkBE5o>

## Task 2

Explain the factors that affect the development of the outdoor sector in relation your local outdoor activity centre. Including information on:

Development of the outdoor sector

- Two key organisations and bodies for developing the outdoor sector
- At least two governing Bodies
- At least two associations or institutes