



Nail assignment

You are required to research the following and present this assignment typed with a front cover, contents page and bibliography.

1. Research and describe 5 nail shapes and provide photographic evidence
2. What does a healthy nail look like and identify the reason for having nails?
3. Identify different treatments available for nails
4. Explain the advantage and disadvantages of nail extensions and gel polish application.
5. Produce a mood board of nail art designs (at least 5 designs). Explain reason of choice

Useful websites to help you-

<https://www.superdrug.com/blog/wellbeing/the-ultimate-guide-to-nail-shapes/>

<https://www.youtube.com/watch?v=oPZMZJBFYEU>

<https://www.insider.com/signs-healthy-nails-2018-10#theyre-not-full-of-ridges-2>



