**Performing Arts Summer Task**

**Issue Date: July 2023**

**Due Date: 12th September 2023**

**Reflecting on your current skills.**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My Skills Audit (name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_**

*The purpose of this audit is to assess your current skill level and to help you to set yourself realistic and individual targets.*

**Section A: Acting Skills**

|  |  |  |
| --- | --- | --- |
| **Skill** | **Current level (out of 10)** | **Where am I now? How could I improve my skill level?** |
| *e.g. use of voice* | *6/10* | *Regularly practice vocal exercises, develop different accents, play a role that requires a distinctive vocal* |
| 1. Control and use of body language |  |  |
| 1. Control and use of facial expressions |  |  |
| 1. Control and use of my vocal projection, diction, intonation, and accent. |  |  |
| 1. Focus and ability to stay in a role |  |  |
| 1. Ability to listen, and to re-act with other actors |  |  |
| My overall score for Acting is: | /50 |  |



**Section B: Singing Skills**

|  |  |  |
| --- | --- | --- |
| **Skill** | **Current level  (out of 10)** | **Where am I now? How could I improve skill level?** |
| 1. Singing in tune (pitching) |  |  |
| 1. Singing in unison |  |  |
| 1. Singing a harmony line |  |  |
| 1. Breath control and shaping of sung lines |  |  |
| 1. Singing solo and acting through song. |  |  |
| My overall score for SINGING is: | /50 |  |

**My Skills Audit (name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_**

*The purpose of this audit is to assess your current skill level and to help you to set yourself realistic and individual targets.*

**Section C: Dance Skills**

|  |  |  |
| --- | --- | --- |
| **Skills** | **Current level**  **(out of 10)** | **Where am I now? How could I improve skill level?** |
| 1. General fitness level |  |  |
| 1. General body strength |  |  |
| 1. Balance and co-ordination |  |  |
| 1. Flexibility, Posture and alignment |  |  |
| 1. Knowledge of specific dance techniques |  |  |
| My overall score for DANCE is: | /50 |  |

**![A group of people on a stage

Description automatically generated]()**

**Sister Act. Theatre Severn. May 2023**

Having completed each audit, you should now be able to order your skills in Singing, Dancing and Acting with your highest score first, and your lowest, third. List your overall scores here:

|  |  |
| --- | --- |
| Performance type (Singing/Dancing/Acting) | Overall score out of 50. |
|  |  |
|  |  |
|  |  |

This may suggest that you, as a performer, have a preferred ‘**specialism**.’ However, to be viable as a performer, and to get the best out of this course, you will need to work to improve all the required skills for all three areas of performance.

Make sure you bring this completed workbook with you on the first day of college as it will form part of your work during induction week and beyond.

We look forward to working with you.